



HOW TO MAXIMIZE THE POWER OF THREE:

### **WHAT IS THE POWER OF 3?**

Each week hundreds of adults from all ages and walks of life participate in Highpoint's spiritual growth plan called, "Power of 3". The Power of 3 is a simple Bible reading plan that consists of investing 15-20 minutes reading three chapters of the Bible each day. The plan also offers several additional levels of voluntary involvement to deepen your spiritual growth. Many of our people will tell you that few things have positively impacted their lives more than "The Power of 3"!

### **HOW DO I PLUG IN?**

You pick how involved you want to be in the Power of 3. Obviously, the more you plug in the more you benefit. Here are the different levels of involvement.

**Level 1** - Read: Use the planned schedule to read three chapters of the Bible. The reading only takes 15-20 minutes a day and the schedule is planned out in a simple way to get you through the Bible in just over a year. Click the "reading plans" link above to download or print out the most recent quarterly schedule.

**Level 2** - Study: As you read that day's reading underline verses that speak to you. They could be verses that encourage you, convict you or reveal something you did not know. Before you put away your Bible, look at the verses you underlined and pick one that you will choose as your "verse for the day". Then spend your spare time that day thinking about that verse and asking God to help you understand it better.

**Level 3** - Journal: Use a small notebook to write a paragraph about how your "verse for the day" spoke to you. You can also write down observations or prayer requests resulting from your reflection on that verse.

**Level 4** - Small Group: Attend a weekly Power of 3 small group near you. Each week adults from all ages and walks of life attend one of our adult small groups called "The Power of 3." These casual meetings are places where participants discuss that week's reading, encourage each other, build relationships, and better understand God's Word. The groups meet for about an hour and half, are guided by planned curriculum, led by trained facilitators and meet in homes throughout the Denver Metro Area.